



TRUEFACE

living into our true identity



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Five Qualities of a Transformational Small Group

ROBBY ANGLE

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Assumptions

1. You want to leave with some practical new ideas
2. You are incredibly wise and discerning

PAIN POINTS: 5,000 ft.


- Lack of confidence in groups/environments leading to real spiritual growth/discipleship.
- How do we find and develop better leaders?
- What is the best small group model?
- How do we help our current leaders in a way that makes a difference in their group?

PAIN POINTS: Ground level

- How do we spend our time together more effectively?
- What are the best practices that other group leaders know?


WHY

- Groups are **mission critical** for the Church
- Group ministry is **hard**



“Dear friends, let us love one another,
for love comes from God. Everyone who
loves has been born of God and knows
God. . . No one has ever seen God; but if
we love one another, God lives in us and
his love is made complete in us.”

1 John 4:7-12



“By this everyone will know that you
are my disciples, if you love one
another.”

1 John 4:35




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So . . .

- God is **love**.
- God designed us for and calls us to **relationships of love**.
- Love will be the **primary evidence** of our forming into the likeness of Christ.

discipleship | spiritual formation | spiritual growth



Jesus modeled relational
discipleship, investing in a
small group of people with
intentionality and
consistency.

Be Encouraged!

- The health of the church is contingent on the health of the relationships.
- Your groups are the place for relationships to grow.
- Groups are often the most conducive environment in our church gatherings for practicing love.



The Four Aspects of a Comprehensive Adult Ministry

**The Four
Aspects of a
Comprehensive
Adult Ministry**

**The Five
Components of
a
Transformation**

Vision:

To be a community of people who
are **rooted** in Jesus,
fully known by a few, and
engaged in their unique calling.

Four Focus Areas of a Small Groups Strategy

VISION: The BIG HOPE for community within your church.

1

**LEADER
DEVELOPMENT**

**CLEAR
PATH**

3

2

**LEADER
SUPPORT**

**GROUP
SUPPORT**

4

SHARPEN YOUR FOCUS OVER TIME

1

Leader Development

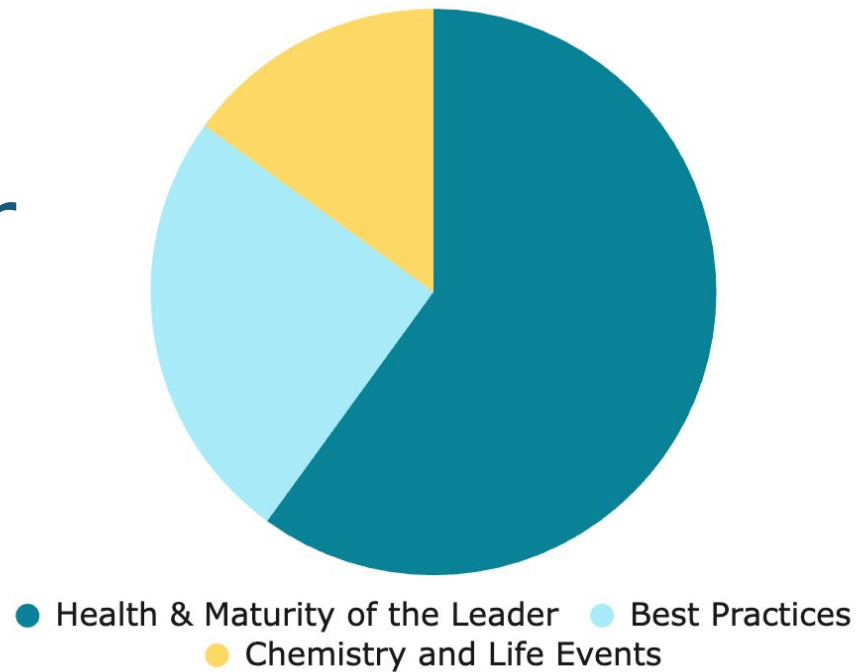



- What makes a quality leader?
- What are you doing to develop the quality and quantity of leaders needed for your local Church?

CREATE CLARITY:


at www.truefacejourney.com

The health and maturity of the leader makes up about 60% of the small group equation.





The quality of a leader is
found in his or her view of
God, view of themselves.
(their theology and identity)



More time with fewer
people equals greater
kingdom impact.

Develop the quality and quantity of leaders.

- Clearer understanding of who God is and who they are
- A model of an exceptional leader
- An experience of authentic community

The background of the top half of the image is a photograph of a mountain range. The mountains are layered, with the closest ones in sharp focus and the ones in the distance becoming increasingly hazy and blue-toned, creating a sense of depth and tranquility. The sky is a pale, clear blue.

TRUEFACE JOURNEY

where relationships of grace
and discipleship meet

truefacejourney.com

2 Leader Support



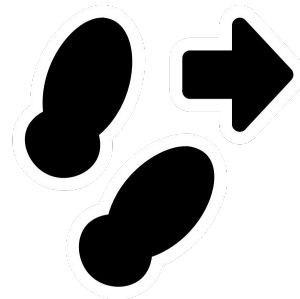
- How do you onboard and orient new leaders?
- How do you support your leaders on an ongoing basis?

CREATE CLARITY:

*with equipping leaders with one component and tool from
The Cure for Groups*

- What is your plan for supporting your small group leaders?
- What is the structure of your support?
- Do you have Coaches, do one-on-ones, give them t-shirts :), have quarterly gatherings or huddles?
- Are you doing a retreat or intensive once a year?
- What are you doing to prepare them for their group or launch their group?
- Further, when you do leader events, are you focusing on?

3 Clear Path



- Do you have a plan for adults to progress seamlessly through your adult ministry environments?
- Is it clear, effective, timely, and attractive?

CREATE CLARITY

by identifying the gap and taking a step!

- Is there a group launch event a couple times a year?
- An online list of groups? Do they email the leader?
- Is there a booth in the hallway?
- Is there a church orientation process?
- Are there short term or affinity groups?
- Is it clear and intuitive for them?
- Are these steps talked about from stage? How frequently?

Are your steps:

- Clear
- Effective
- Attractive
- Timely

4 Group Support



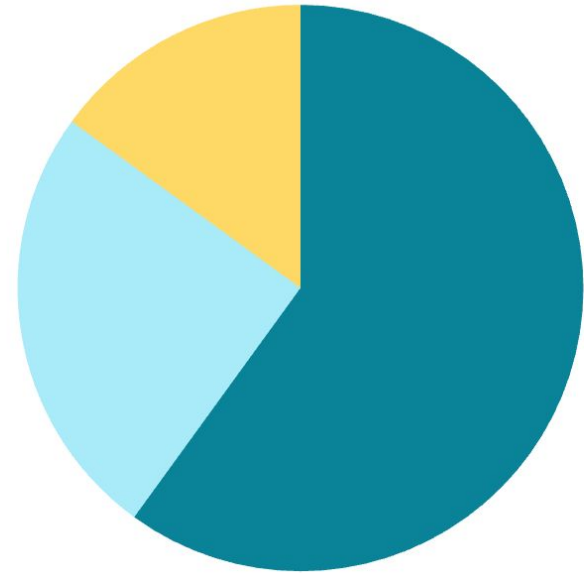
- Does each group know what the win is for a small group?
- What curriculum, events, best practices, and development opportunities do you use to support the group?

CREATE CLARITY

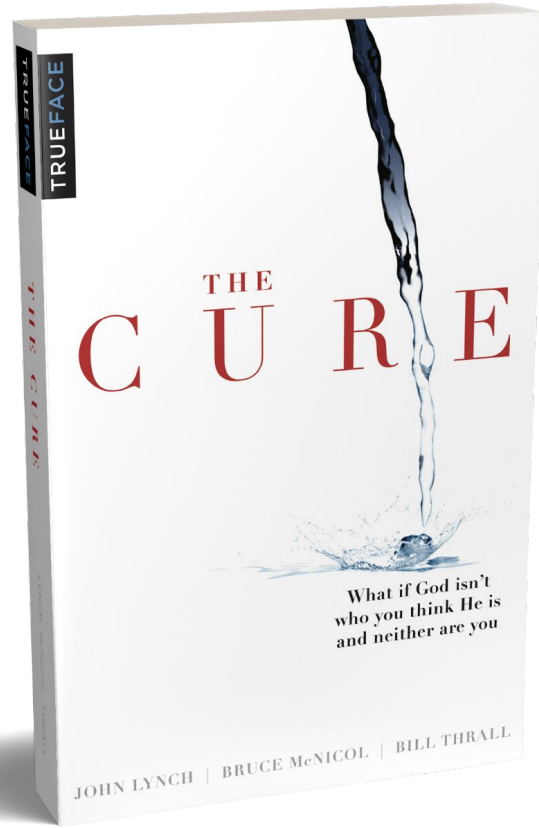
with The Cure for Groups free resources to supplement your leader equipping






- Do you have closed or open groups?
- Do you discuss sermon questions, jump straight into scripture, use studies like on rightnow media, or a combination of those?
- Do you have mens or womens or couples' specific environments? Are those competing or complementary to your small groups?
- Do you meet in homes or at the church?
- Does groups feel more like Sunday school or supper club or affinity based groups?
- Are you focused on groups having a missional purpose to align behind?
- What is the size, duration, and make-up of your groups?

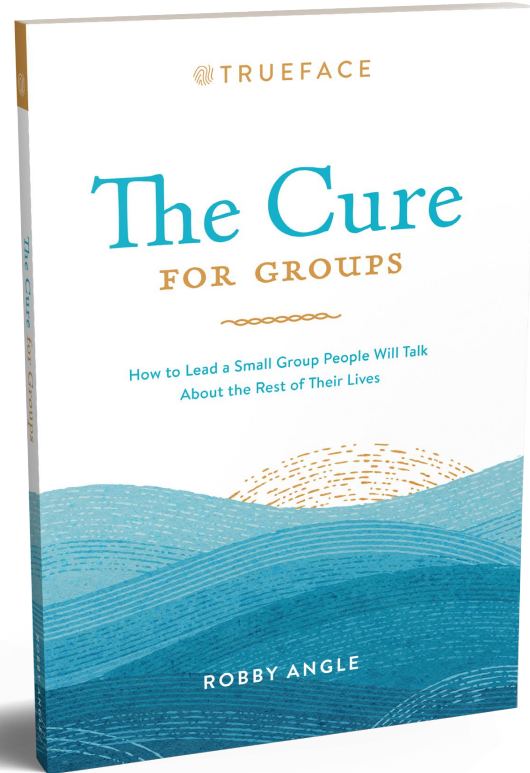
60% of the efficacy of the group is connected to the health of the leader



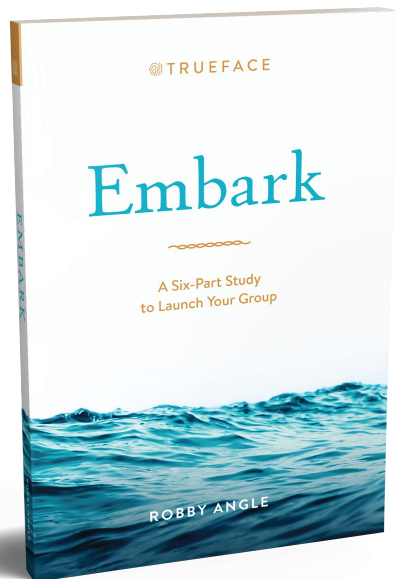
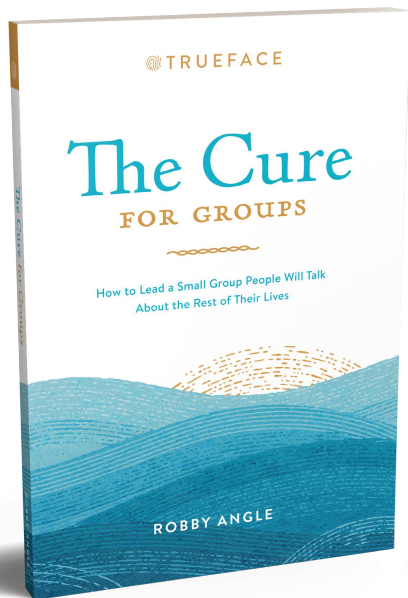
● Health & Maturity of the Leader ● Best Practices
● Chemistry and Life Events



-  **The Destination:** Determine the Goals of your Group
-  **The Captain:** Lead with Intentionality and Vulnerability
-  **The Crew:** Clarify your Group Culture
-  **The Ship:** Design your Time for Transformation
-  **The Route:** Plan Ahead to Get Where You Want to Go



www.trueface.org/cureforgroups



The Map





GROUP MAP



OUR DESTINATION

Our group goals are:

Relational: _____

Spiritual: _____



OUR ROUTE

Date range for this route: _____ - _____

What do we want to do over the next few months?

Studies: _____

Overnight: _____

Service Opportunity: _____

Social: _____

Our next Route-Planning Session: _____



OUR CAPTAIN AGREEMENT

_____**Leader:** Out of confidence in who God says I am, I commit to leading with intentionality and vulnerability.

_____**Group Member:** I commit to becoming more known and loved by others in this group by trusting them with my real self.



OUR CREW CULTURE

We value: _____

Our Commitments: _____



OUR SHIP

We will be intentional with our time to connect, learn, and live out the truth. We think this would be a great breakdown of our time:

Each section of the pie chart reflects 10% of your time. Fill in the chart with how you want to spend your time together.



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The Destination:

Determine the
goals of your
group.



Destination Planner

Deciding ahead of time where you want to go as a group helps to clarify expectations and define your goals together. Use this exercise to take notes as you discuss your group's destination.

REFLECTION QUESTIONS:

What do we want our relationships to be like in this group?

How do we want to grow in our faith as a result of this group?

RELATIONSHIP NOTES	SPIRITUAL GROWTH NOTES

OUR GROUP GOALS

Check in: Are these goals important enough to us to prioritize this group despite the busyness of life?

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- What do we want our relationships to be like in this group?
- How do we want to grow in our faith as a result of this group?

- Everyone joins a group with various relational and spiritual expectations.

The Captain:



Sharing Your Story

Sharing your story can be difficult. It can be hard to know where to begin, what to include, or how to start. Use the following Life Map, questions, and story template to process how to share your story with your group.

LIFE MAP:

Plot the high points (+10s) on the right and low points (-10s) on the left chronologically.

-10

BIRTH

+10



Lead with
Intentionality
and
Vulnerability



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➤ What is the primary fear you have about being more vulnerable with your group?

The Crew:

Clarify Your Group Culture



Crew Culture Brainstorm

Whenever we have a group of people together, we create a culture comprising various values and rules—whether they're spoken or not. Use this activity to intentionally create your group's culture by choosing values and commitments together. Print out one for each member of your group, and then use it to guide your discussion.

VALUES:

Individually:

What do you want to define your culture? Look at the list below for ideas and add any others that you think of. Circle your top ten and put a checkmark next to your top five.

Our Group's Culture Is . . .

Fun	Vulnerable	Spontaneous
Safe	Daring	Timely
Authentic	Sensitive	Purposeful
Powerful	Caring	Emotional
Brave	Wise	Flexible
Silly	Deep	Real
Thoughtful	Transparent	Open
Joyful	Funny	Comfortable
Intellectual	Focused	Easy-going
Challenging	Serious	
Welcoming	Casual	
Tight knit	Formal	

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- Great leaders shape the culture of their group.
- They clarify the group values and group rules.

- Do you know what type of group engagement you value and do you have relational rules to help you achieve that?

The Ship:



Design Your Time

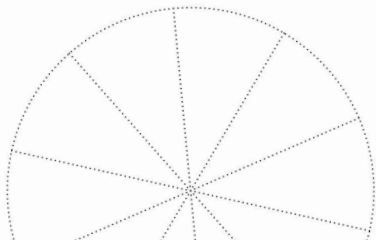
We want to use our time together in group on purpose and for our purpose. Use this discussion guide and activity to evaluate how you're spending your time as a group and how you'd like to spend it going forward.

DISCUSS:

- How do we feel about how we're using our time in group?
- Is there anything missing in our time together that we'd like to add?
- What ends up happening in our group that distracts us from our purpose?
- How can we use our time to intentionally move toward our destination or group goals?
- How can we encourage each other to live out these truths in our real lives, *without* it becoming a checklist? (**Tip:** This can be a great time to share with each other more about your individual wiring, how you feel supported, and ways others can come alongside you!)

ACTIVITY:

There are three big categories of how you spend your time as a group: connect, learn, and live. How are we currently spending our time?



Design Your Time for Transformation

- Where do you feel left behind?
- What is one thing you've done or experienced in the past sixty days that you're proud of?

- What does this mean for me personally?
- **What faith step is God inviting me to take?**
- How can we help each other?

The Route:



Route Planner

Use this guide every 4-6 months to plan out your next season as a group. This will help keep your group balanced with content, social activities, and serving together, as well as ensuring your group is intentionally headed toward your Destination.

DISCUSS TOGETHER:

The Big Three:

- Are we maturing and continuing to grow?
- Are we becoming more known by each other?
- Are we overflowing and becoming more focused on others?

Revisit these parts of your group, using your Group Map:



Destination: Is our destination still correct? Do we need to shift it?



Captain: Are we being vulnerable with each other and growing in trust?



Crew: Are we reflecting our values and living by our commitments?



Ship: How are we spending our time together? Does anything need to shift?

PLAN THE ROUTE:


Give everyone a few minutes to ponder the following three questions, then together as a group.

- How do I want to grow?

Plan ahead to get where you want to go.



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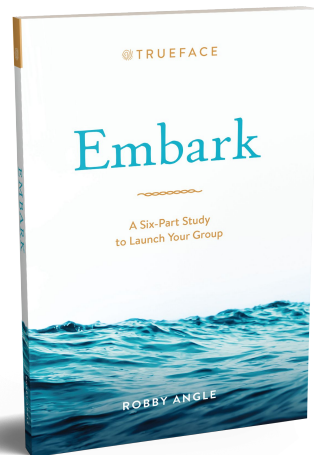
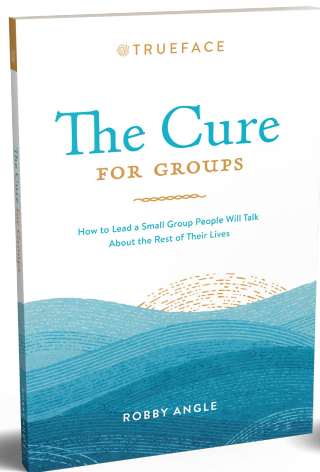


Relationships are central
to our spiritual growth,
not groups.

WEBINAR OFFER

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The Cure for Groups and
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for **FREE!**



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